

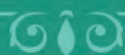


CHURCH OF ST. ANN

311 CARR AVE, KEANSBURG NJ | 732.787.0315 | STANNKEANSBURG@GMAIL.COM

SUNDAY, JANUARY 31, 2021

4TH SUNDAY IN ORDINARY TIME



In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" - Mk 1:23-25

PARISH LIFE



Monday 8:00am	2-1-21 Sally Sullivan rq by Bobby, Ruth Ann Sullivan & Boys
Tuesday 8:00am	2-2-21 Special Intentions for Sr. Edwardine rq by The McNulty Family
Wednesday 8:00am	2-3-21 Marion Farrell rq by Loving Family
Thursday 8:00am	2-4-21 Rose Mary Smith rq by Jackie & Kevin
Friday 9:00am	2-5-21 Purgatorial Society of St. Ann
Saturday 5:00pm	2-6-21 Edward Galvin rq by Loving Wife
Sunday 8:00am	2-7-21 Richard T. Walker Sr. rq by Loving Wife & Family
10:30am	Edward McNamara rq by Loving Family
6:00pm	Oliva Klatt rq by The Hartney Family

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to receive weekly messages from St. Ann



THE SANCTUARY LAMP

The Sanctuary Lamp is available for special intentions. The Lamp burns weekly for deceased members of a family or requests for a special intention. The donation is \$20. Please call the Rectory for further information.. This week's Sanctuary Lamp burns for

Rose Mary Smith
rq by Loving Family

WINTER SCHEDULE

Masses Mon - Fri 8A, Sat 5P, Sun 9A.

Office Hours Mon - Fri 9A - 1P.

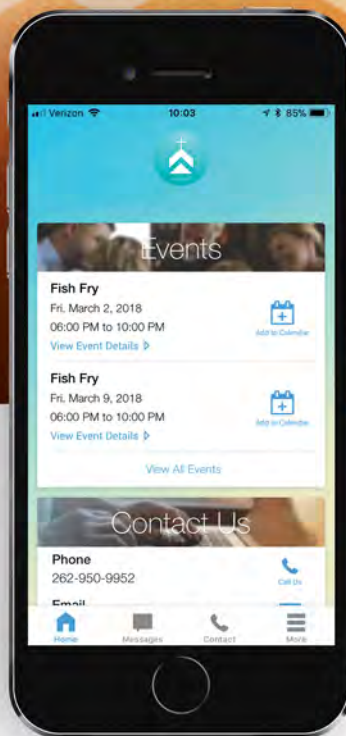
Church Hours Mon - Fri 8:30A - 12P.

Confessions Sat 1P - 2P *inside* the church sacristy.



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CHURCH OF ST. ANN MOBILE APP



EVENTS CALENDAR

Stay up-to-date with events at your church.



PARISH NOTIFICATIONS

Receive text messages about parish news



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DAILY READINGS

Follow the readings from home or during Mass

Apple AppStore **Weconnect parish app**
GooglePlay **Weconnect app v.3**

SUNDAY, JANUARY 31, 2021 | 4TH SUNDAY IN ORDINARY TIME

WEEKLY PRAYER

READINGS FOR THE WEEK OF JANUARY 31, 2021

SUN 1/31	Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 [8]/1 Cor 7:32-35/Mk 1:21-28
MON 2/01	Heb 11:32-40/Ps 31:20, 21, 22, 23, 24 [25]/Mk 5:1-20
TUE 2/02	Mal 3:1-4/Ps 24:7, 8, 9, 10 [8]/Heb 2:14-18/Lk 2:22-40 or 2:22-32
WED 2/03	Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a [cf. 17]/Mk 6:1-6
THR 2/04	Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9, 10-11 [cf. 10]/Mk 6:7-13
FRI 2/05	Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]/Mk 6:14-29
SAT 2/06	Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6 [1]/Mk 6:30-34
SUN 2/07	Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 [cf. 3a]/1 Cor 9:16-19, 22-23/Mk 1:29-39

OBSERVANCES FOR THE WEEK OF JANUARY 31, 2021

Sunday:	4 th Sunday in Ordinary Time; Catholic Schools Week
Tuesday:	The Presentation of the Lord; World Day for Consecrated Life
Wednesday:	St. Blaise, Bishop and Martyr; St. Ansgar, Bishop
Friday:	St. Agatha, Virgin and Martyr
Saturday:	St. Paul Miki and Companions, Martyrs
Sunday:	5 th Sunday in Ordinary Time

LIVE THE LITURGY

Inspiration for the week

Most of us are not trail blazers. Throughout history though, there have been many folks who tirelessly and persistently pursued the promptings of their hearts without giving any care to what others thought or trends dictated. Jesus is one of them. St. Teresa of Calcutta and St. Francis of Assisi are examples of others. The rest of us are people who take a more measured look at things, want to test the waters, and take our time choosing what path or person to follow. We need credible witnesses of faith. We need the Moses people in our lives to show us by word and deed who God is and what integrity and a purpose-driven life looks like. They are the pointers to truth, who even though they struggle themselves, seem to embody an unspoken timeless wisdom that just sounds and feels right. Jesus taught with this same type of authority and caught the attention of the greatest of skeptics. They were astonished. Even though we need our human prophets we can also be somewhat prophetic ourselves by putting integrity and conviction behind our embrace of the Gospel. Perhaps much to our surprise, we all have the power to be a credible witness. Are you willing to give it a try?



*Everything and
everyone is won
by the sweetness
of our words
and works.*

— ST. JOHN BOSCO

WORSHIP & MEDITATION



FIRST READING

I will raise up for them a prophet like you
from among their kin,
and will put my words into his mouth;
he shall tell them all that I command him. (Dt 18)



PSALM

If today you hear his voice, harden not
your hearts. (Ps 95)



SECOND READING

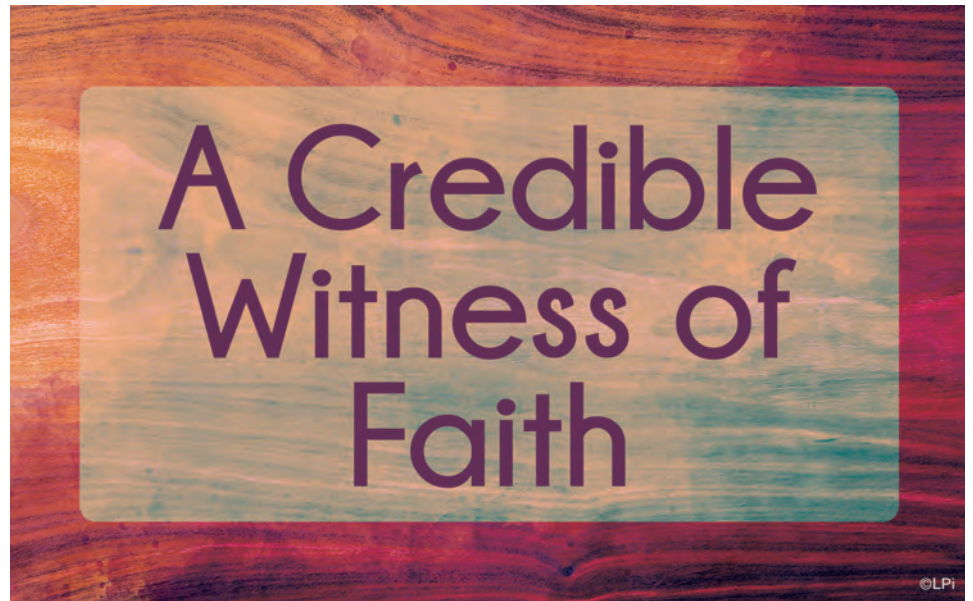
An unmarried woman or a virgin is anxious
about the things of the Lord,
so that she may be holy in both body and spirit.
(1 Cor 7:34)



GOSPEL

The people were astonished at his teaching,
for he taught them as one
having authority and not
as the scribes. (Mk 1:22)

*Excerpts from the Lectionary for Mass ©2001,
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Responses from Lectionary for Mass © 1969, 1981,
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GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

Most of us are quiet people who desire to live a good and holy life, promote the values and mission of the Gospel as best we can and desire to one day inherit the surprise of life eternal God promises to us. We are not trail blazers. We are simple people who want to do the simple things of life well. But there are others who left a more profound impact along the way of the paths they walked. Folks like Dorothy Day, Martin Luther King, Thomas Merton, Gandhi, St. Teresa of Calcutta, and many others left lasting impacts and legacies. Like Moses, they show us by word and deed who God is and what integrity and a purpose driven life look like. They show us how to be holy. We need Moses people like these to give us inspiration, hope and an example of holy living.

We do not need to do what they did or even mirror their relationship with God. Each one of us is God's special creation, with a purpose and soul known only to us. We need to learn how to open up and bring, without compromise, our soul-ness to life. We know when someone is authentic and centered because they always point to truth, even though they struggle and sin themselves, and they embody an unspoken timeless wisdom that just sounds and feels right. Jesus taught with this same type of authority and it astonished many who listened. We do not need to move mountains, advance a cause, write books or become notable. All we have to do is become credible witnesses of the faith we profess. Moses people can teach us how to do this.

St. Oscar Romero was an amazing man and a Moses figure for sure. He saw God in the burning bush and brought the flame of Gospel faith to the poorest of the poor, challenging the evils of the society in which he lived. He was tireless and persistent. He must have gotten very close to the problem because it cost him his life. He suspected it would. St. Romero said, "When we leave Mass, we ought to go out the way Moses descended Mt Sinai: with his face shining, with his heart brave and strong to face the world's difficulties." We can learn from this wisdom. If we allow the power of the Mass to truly transform us, we will leave that holy encounter changed. Our face will shine, and we will have courage. We can then bring what we have received to life's challenges. That sounds doable, doesn't it? Because of the example of our simple holiness, people will be amazed.

LITURGICAL LIFE

RESPONDING *to the Call*

EVERYDAY STEWARDSHIP

Recognize God In Your Ordinary Moments

Embracing Change in Christ

It's officially one month since we popped the champagne, toasted 2021 and wrote down a list of resolutions. This is usually the time when we start to take a good, hard look in the mirror to assess what we have done — or have not done — with the first month of this brand-new year.

New years can be scary, can't they? Full of promise, sure, but also full of room for failure. Full of space for our old baggage, old fears and the continuation of old mistakes.

The same can be said of Christ, and the new life he offers us, if we are brave enough to accept it. Opportunities like that can be intimidating. In that moment, we might find ourselves like the man with the unclean spirit crying out: "What have you to do with me, Jesus of Nazareth? Have you come to destroy us?"

Jesus is a comforter of the afflicted; he is a consoling figure, but he is also a challenging one. Sometimes we have grown attached to our afflictions. The idea of correcting bad habits or forming new ones is frankly terrifying to us. We have a voice deep inside who sees Christ and his invitation to repentance, and it cries out in fear: "I know who you are!"

When we live in the present, disavowing the baggage of the past or fear of the future, we submit ourselves to the promise of redemption. Let us be brave everyday stewards and invite Christ's healing power into our lives. We won't regret it — I'm sure the demoniac never did.

— Tracy Earl Welliver, MTS

PLEASE CONSIDER ONLINE GIVING

Our parish is grateful for your continued support. Thank you!



WHY DO WE DO THAT?

Catholic Life Explained:

Question:

I get annoyed with myself when I am distracted while I pray. Is it a sin? How can I be more attentive?

Answer:

The mind is a marvelous and complex thing, producing amazing thoughts, images, wisdom and inspiration. Yet at times it is like a two-year-old: it does not follow directions, does what it wants and loves to tell us "no!" This is probably the oldest and most common problem in the spiritual life—dealing with distraction. It comes in all forms: good intentions forgotten, wandering thoughts at Mass, daydreaming, etc. A little poem says it all: When the soul begins to pray, the brain always wants to play!

There are many ways to handle distractions. If we are distracted by thoughts about our families or friends, we should pray for them. If we lose our focus, we need just "re-collect" ourselves. If some worry or concern just won't leave our mind, then we deal with it and come back to prayer or make it part of our prayer. And when words just won't come, the only prayer we might offer is our presence, our suffering, and our desire to be close to the Lord. Most importantly, we need to be patient with ourselves. These things are not sinful, but reminders of our human frailty. Our weaknesses and good efforts are all acceptable to God, who reads the love in our hearts and the good intentions of our minds.

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All were amazed and asked one another, "What is this? A new teaching with authority.

He commands even the unclean spirits and they obey him." His fame spread everywhere throughout the whole region of Galilee.

- Mk 1:27-28

Excerpts from the Lectionary for Mass
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LITURGICAL LIFE

QUESTIONS OF THE WEEK

Invite Parishioners to Reflect and Respond to Scripture

First Reading

Moses taught the Israelites that God would send prophets to assist them in knowing His will. Why do you think people so often reject the prophetic message?

Second Reading

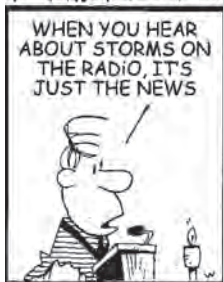
Paul speaks of the inevitability of anxiety in life. How does your faith assist you in handling what makes you anxious?

Gospel Reading

In the story of the healing of a demon-possessed man, Mark reports how the demons knew Jesus' true identity as "the Holy One of God." What does this reveal about the unseen order?



4TH SUNDAY IN ORDINARY TIME



LITURGICAL LIFE

3 EASY STEPS

To Keeping Yourself & Others Healthy!

We are cautioned to be especially careful during the Coronavirus outbreak. Here are some simple ways to keep sickness away.



Wash Your Hands

Wash your hands for at least 20 seconds using soap and water. If you can't wash your hands, use hand sanitizer frequently.

Don't Touch Your Face

Especially around the eyes, nose and mouth. If you must sneeze, use a tissue or your arm.

Keep Your Distance

Practice social distancing during this epidemic and stay away from large groups. Instead, call, email or check up on family and friends using social media.



*In their synagogue
was a man with an
unclean spirit; he
cried out, “What
have you to do
with us, Jesus of
Nazareth? Have
you come to
destroy us? I know
who you are—the
Holy One of God!”
Jesus rebuked him
and said, “Quiet!
Come out of him!”*

- Mk 1:23-25

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